

Prophet Muhammad (peace be upon him) and the remembrance of Allah (dhikr Allah)

The Prophet (peace be upon him) used to remember Allah (Glorified is He) in the best way possible. In fact, all his sayings involved words of remembrance about Allah (Glorified is He) and what was connected to this; his orders, prohibitions and the Islamic rulings he (peace be upon him) gave his nation were a form of remembrance of Allah. Moreover, the information the Prophet (peace be upon him) told us about the Names and characteristics of Allah, His rulings, actions, promises and threats were words of remembrance of Allah (Glorified is He). The Prophet's praise of the Lord (Glorified is He), magnifying, exalting and glorifying Him, were also words of remembrance of Allah, the Most High. Furthermore, the Prophet (peace be upon him) asking and supplicating Allah, and his hope and fear of Him (Glorified is He) included remembrance of the Magnificent Lord (Glorified is He). In fact, even the Prophet's times of silence entailed remembrance of Allah (Glorified is He) which he performed in his heart. That is, the Prophet (peace be upon him) remembered Allah in all positions; remembrance of Allah (Glorified is He) flowed with his breath when he was standing, sitting and lying on his side, and when he was walking, riding and travelling, and when on trips and when resident]

[Zaad Al-Maad].